

CLAE February 2023 Newsletter



CLAE News and Updates

Education Initiatives



Education initiatives have been developing with [CETN EEG series](#) launched, as well as expert speaker series which can be viewed [here](#).



EPILEPSY FELLOWS E-JOURNAL CLUB



The CLAE is proud to announce the development of an e-journal club dedicated for epilepsy fellows across Canada. These are held once a month Friday 12-1PM EST. Upcoming sessions for 2023 are: Feb 10, Mar 10, Apr 7, May 12, Jun 8, Jul 14, Aug 11, Sep 8, Oct 13, Nov 10, Dec 8

Trainees, faculty and health professionals of an epilepsy program are welcome to join. The primary focus will be on fostering a community of life-long learning, collaboration, mentorship and inclusivity in **post-graduate epilepsy education**. The e-journal club is lead by Dr. Esther Bui and co-lead by Dr. Paula Marquez. If your training program would like to be involved, please email the CLAE or esther.bui@uhn.ca



CLAE 2022 J. Kiffin Penry Fellowship Award Recipients

Éliane Di Battista
Epilepsy Fellow
Pierre-Boucher Hospital



The Penry Fellowship was an enriching experience. During four days, we had the chance to be taught by experts in epilepsy on various topics, from clinical semiology to more current topics like. Moreover, we had many occasions to exchange ideas with the staff and our fellow trainees, helping us building a professional network. I am overall very satisfied with this learning opportunity.

Minette Krisel Manalo
Pediatric Epilepsy Fellow
Alberta Children's Hospital



The J. Kiffin Penry Epilepsy MiniFellowship Program is a comprehensive 4-day course for Epilepsy Fellows to learn about diagnosis and management of seizures, current therapeutic options and management of epilepsy in special populations. Joining it was a unique opportunity for me to delve into the world of Epilepsy with other pediatric and adult fellows. During the orientation, we were told that we will be undergoing an "Epilepsy bootcamp"-and what a bootcamp it was! The course was a good avenue to gain and share knowledge in a relaxed environment.

Aside from the learnings, I was also able to meet colleagues who had the same interest as I did. Over-all the 4-day program allowed me to reinforce and gain knowledge (and a few pounds too!), meet new friends, and in the future impart Epilepsy knowledge to other people as well.

ILAE News and Updates



Andres Kanner: A Career Against the Current



He's one of the world's foremost experts on the psychiatric aspects of epilepsy, despite suggestions early in his career that the research would "lead him nowhere." Learn what

motivates Dr. Andres Kanner, his philosophy on what makes a good clinician, and what he wanted to be when he grew up (before he discovered medicine).

[Download](#) | [Listen](#) | [Read the transcript](#)

Rx: Exercise



Exercise has multiple benefits for people with epilepsy: it can improve fitness, mood, and sleep quality, and may have cognitive benefits. Yet people with epilepsy are more sedentary than the general population. What do clinicians need to know about exercise in people with epilepsy, and how can they encourage people to start?

[Read the article](#)



[International Epilepsy Day](#) is on 13 February 2023! Join the [International Bureau for Epilepsy](#) (IBE) and ILAE to [#StampOutStigma](#) of epilepsy. Spreading awareness by educating others on the truth of what [#Epilepsyls](#) – both clinically and personally – will

help to reduce stigma and improve quality of life for the 50 million people living with epilepsy worldwide.

Share your knowledge and experiences on social media for [#EpilepsyDay](#) using our [digital resources!](#)

Announcements

We are very pleased to announce that the Centre hospitalier de l'Université de Montréal and CHU Sainte Justine epilepsy teams have received a transformative grant from TD Bank. This \$1,000,000 grant is part of the TD Ready Commitment program. The Université de Montréal team is led by Dr. Mark Keezer, in close collaboration with Drs. Philippe Major, Dang Nguyen, and Anne Lortie. This grant will allow the CHUM and CHU Sainte Justine to become leaders in the transition of adolescents with complex epilepsy from the pediatric setting to the adult setting. Their new program will specifically target adolescents with drug resistant epilepsy, intellectual disability, as well as Tuberous Sclerosis Complex. Their team is delighted to partner with TD Bank in this exciting new transition program.

Upcoming Events



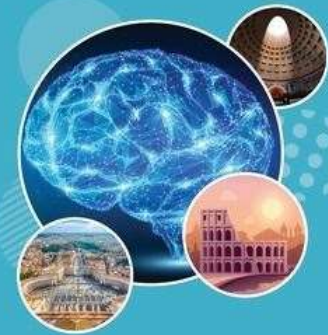
The conference addresses a broad range of topics, from phenotyping epilepsy and drug discovery, to precision treatments, seizure forecasting and thalamic neuromodulation. From recent contributions and interest, we know that we are at an important juncture, where new technologies and advances are poised to impact clinical practice and research to an extent where education and awareness in the community has become a critical need. For more information or to register please visit [here](#).



**35th International
Epilepsy Congress**
2-6 September 2023
Dublin, Ireland



**15th European
Epilepsy Congress**
7-11 September 2024
Rome, Italy



ACCEPTING ABSTRACTS
DEADLINE: 5 APRIL, 2023

WCN 2023
MONTREAL
15-19 OCTOBER, 2023



A Message from our Sponsor MD Financial

Did you know one in five physicians has delayed savings contributions because of the pandemic?¹

As a physician, saving for retirement is different for you than for most other professionals. On top of that, many physicians have made adjustments, personally and professionally, because of the pandemic and its ongoing impact on the healthcare system.

While making RRSP and TFSA contributions is a great start, many physicians are unsure if their investment plan is still suitable for their goals. Do you have clearly defined retirement goals? Wondering if your investment strategy still makes sense? Has your strategy been disrupted? Are you looking to catch up? Are you uncomfortable with what you're investing in? MD Financial Management (MD) can help.

Don't leave your retirement to chance. Invest with purpose.

[Get physician-focused advice](#)

Canadian League Against Epilepsy
20 Crown Steel Drive, Unit # 6
Markham, ON, L3R 9X9
289-826-5382
www.claegroup.org

